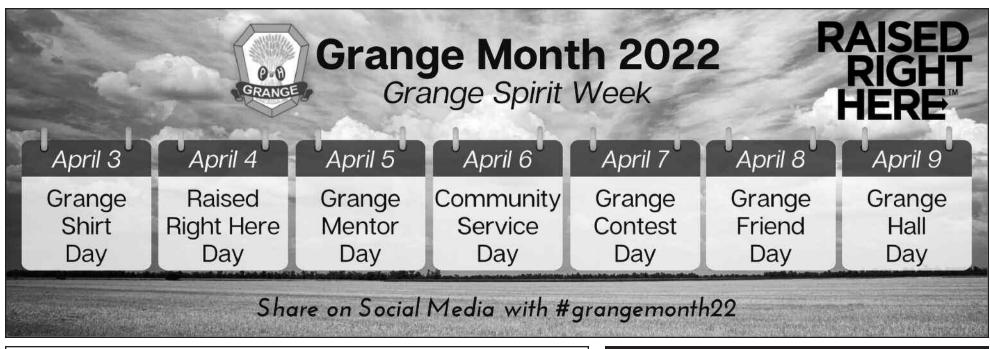
WWW.COLORADOGRANGE.ORG

THE COLORADO GRANGER, MARCH-APRIL 2022

VOLUME 97, NUMBER 6



Join Us For The National Grange Legislative Fly-In

Join Brothers and Sisters from around the country in promoting Grange policy priorities and participating in advocacy training. Then, put your training to use as you present your community's concerns to elected officials and their staff.

The Fly-In is one of the greatest ways members can engage in Grange advocacy and remind legislators and regulators of the unique grassroots way in which our policy is developed. Participants will help to tell the story of an organization that is relevant, vibrant, and speaks from and for the heart of America.

> Registration is FREE at http://bit.ly/flyin2022.

Welcome reception at the hotel. Monday, April 25 *

Overview of Washington, Congress, and Federal Agencies. How to best work with elected officials and staff.

Issue briefings.

Speakers from the Hill, government agencies, private industry, and think tanks.

Tuesday, April 26

Capitol Hill appointments. Champions of Rural America Awards Reception.

Wednesday, April 27

Complete Capitol Hill appointments.

* Monday's events will be able to be accessed virtually!

More information on speakers, specific issues briefings, and the Champions of Rural America will be released in the coming weeks!

Hotel Information:

Quality Inn Tysons Corner 1587 Spring Hill Rd, Vienna, VA 703-448-8020

"National Grange" rate: \$79/night plus tax by April 1, 2022

More information on the Legislative Fly-In can be found here: https:// www.nationalgrange.org/nationalgrange-legislative-fly-in-2022/.

2022 National Grange Quilt Block Contest

The National Lecturer, Ann Bercher, has made a few minor changes to the Quilt Block squares contest for National Grange, most notably the submission date. Submissions are now due on June 30. This is so there is more

time for processing and judging. Contest rules and pattern on Pages 3-4. "The Wonky Star Quilt block is meant to be a quilter-friendly opportunity for beginners and seasoned quilters alike. Yes, it is supposed to look awkward. But I can assure you, finished quilts made up of the whimsical blocks are beautiful and joyful. Please feel free to contact me if you have any questions about either of these contests," said Ms. Bercher.

National Grange Regional **Leaders Conferences**

These conferences are for Grange members of all ages, and are open to members of other regions, too. Come for fellowship, workshops led by National Grange staff and regional leaders, local tours and activities, and some National Grange contests.

We hope to see you there!

GREAT PLAINS REGIONAL CONFERENCE JUNE 10-12, 2022 MANHATTAN, KANSAS

The Colorado Granger Available Online

If for some reason you don't receive a paper copy or you prefer to read the paper online, you can obtain a copy at Colorado State Grange (colo radogrange.org) This is the State Grange website, scroll down on the left hand side to the Granger (newspaper) and click on it, which will take you to the papers which are categorized by year.

Upcoming

Call individual Granges for more information.

March 2 Altona Grange Board Meeting, open to all members, at 6:30 p.m. at the Grange Hall.

March 5 Progressive Pomona Meeting at BMAN's BBQ

hosted by Sunflower Grange.

March 10 Enterprise Grange St. Patrick's Irish Potluck, 6:30 p.m. March 12 Florissant Pine Needle Basket Class, 9 a.m.-noon.

Florida Grange "Get Yourself Organized" Program March 12

Altona Grange Spring General Membership Social March 15

at 6 p.m., Potluck with main course provided.

March 19 Marvel Visitation — Irish potluck and games, 6:30 p.m.

Marvel Business Meeting, 7:30 p.m. April 1

Maple Grove Meeting at the Grange Hall, 1 p.m. April 6

Florissant Annual Easter Party, 1-2:30 p.m. April 9 April 14 Enterprise Easter-themed Potluck, 6:30 p.m.

Tentative date for Enterprise and April 16

Home2Home Real Estate Easter Egg Hunt.

April 23 Florissant Pine Needle Basket Class, 9 a.m.-noon. April 23 Florida Grange Free Community Breakfast, 9-10:30 a.m.

May 3 Basin CO-OP Banquet —

Marvel Grange will be catering the banquet.

May 6 Marvel Business Meeting, 7:30 p.m.

May 7 Darden Pomona meets at Enterprise Grange. May 12 Enterprise Cinco de Mayo-themed potluck.

May 14 Florida Grange Visitation.

Florida Grange Community Yard Sale, 8 a.m. to? **May 21**

Progressive Pomona Meeting June 4

August 1 Distinguished Grange Application Due

at Castlewood Grange Hall.

(these applications are in the sharing folder).

August 8 Grange Legacy Due.

Sept. 25 Grange in Action Due (guidelines in the sharing folder).

Save the Date

Regional Leaders Conferences are quickly approaching!

Great Plains June 10-12

Manhattan, Kansas

Eastern

June 17-19

Delaware & Southeastern

Midwest

June 24-26

lowa

Western

August 5-7 Portland, Oregon

For Grange members of all ages



Registration information for all conferences will be available soon

Master's Message

Gary Wardle, State Master 1136 Bluebell Way, Brighton, CO 80601 303-349-7390 • Email: cograngepresident@gmail.com

Brothers and Sisters, I hope all are enjoying our winter weather. The moisture is much needed.

I am happy to see the COVID restrictions are being removed. This will allow out Granges to get back to meeting and accomplishing our goals for this year. You all do great things for your communities through community service and community events. Keep up the good work.

We are planning the State Grange convention to be held in Fountain, Colorado, September 22 through 24, 2022.

We will hold the convention at the Good Shepard's Methodist Church. Hope you plan to attend. Time to start thinking about resolutions. Please send to Cindy as you have them completed. Also think about a nomination for Granger of the Year. There are many Grangers that deserve this recognition. Have your nominations in by August, the Executive Committee will make the selection in September. If you have a thought on a topic for a speaker, send them to me and we will try and find a topic and speaker than is of interest to all.

The Grange program was in the last Granger as an insert. I encourage all to participate in the programs. It is great to see all the work you do at the state convention.

In the last Granger there is an article about the Grange Heirloom Program. This program has great information and graphics that can be used to promote your Grange. The web site to get the information is bit.ly/Grangeheirloom. Hope you can use the information on Web pages and Facebook.

'IN ESSENTIALS, UNITY; IN NON-ESSENTIALS, LIBERTY; IN ALL THINGS, CHARITY.

Notes From The Secretary

Cindy Greer, State Master 7629 CR 100, Hesperus, CO 81316 719-748-5008

Email: costategrange@gmail.com

The end of the first quarter is March 31, so at your very first meeting in April you should report and have your Grange adopt your quarterly report for the first quarter and have the treasurer write a check for the dues, so that it can be sent in on time. You may have members who have not yet paid their dues for the year, if that is true and you have sent them the dues reminders and notices, your Grange should vote to drop those members for non-payment of dues. They can be reinstated if they end up sending in their dues

In May your Grange needs to file your IRS 990-N Postcard (or 990 or 900EZ form). These reports help to keep your Grange tax exempt with the IRS. The IRS does not send you a notice, just like they don't send you your income tax forms anymore. These need to be done between May

1 and September 15 for most Granges. I do know that some Granges should have already done it depending on when the IRS has your calen-

Your Grange will need to file your property tax exempt report which you should receive from the office during the next few months. Since this is my first time doing that, I'm not exactly sure when those come in. That office has been notified of our change of address! Granges who have not filed those reports have had many challenges getting the property back on the tax-exempt roll. It's doable, but it takes time and you can avoid that by completing and sending in the report on time.

Reinstatement: A member suspended for non-payment of dues may be reinstated within one year by majority vote of the Grange from which

he/she was suspended. The application for reinstatement shall be accompanied by all dues for the current year. Reinstatement within one year maintains continuous membership status. After one year a member suspended for non-payment of dues may apply for reinstatement in any Subordinate/Community Grange. The application shall be accompanied by proof of former membership, a reinstatement fee and dues paid to the end of the calendar year. The applicant shall be voted on by paper ballot in a regular meeting. A positive majority vote will reinstate the member. The member's continuous membership status is not restored.

There is a lot of duplication of work being a secretary. You take notes at a meeting then have to put them in to minutes format. You receive dues from members and probably keep track of that in several places, the minutes under receipts, the membership list..... You might be writing pay orders to the Treasurer but you also record those bills in the minutes.

"The records of this Grange will be held as a valuable memento of your labors. Let them be exact, and exhibit a faithful history of the work." Installation of officer 1878 manual.

148th Annual Colorado State Grange Convention Moments



Colorado State Grange Officers 2021-2023



Juniors ready to march in to open State Session on Saturday morning.



Willits, Marcia Phillips, Ruth Wilson Franscisco, Barry Willits, Melissa Lively, Sherry Figgs, and Christopher Cleary. Not shown: Billy Greer.

Please notify the State Grange Office of any address change.

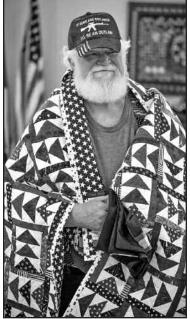
Because it is 2nd class mail, the Grange is charged **59¢ per address change** the post office sends from the Granger mailings.

Email: costategrange@gmail.com Call 719-748-5008 or mail the form below.

FOR THE COLORADO GRANGER MAILING LIST ADDRESS CHANGE FORM NAME GRANGE # OLD ADDRESS (IF CHANGE OR DROP) ZIP CODE PRESENT ADDRESS ZIP CODE (GIVE ROUTE AND BOX NUMBER) Send to: Colorado State Grange 7629 County Road 100, Hesperus, CO 81326



Sixth Degree Candidates at 2021 State Convention, left to right: Jean Marvel Grange members Debbie and John Lee, who both served in the Army, received Quilts of Valor at State Session.



Redlands Mesa Grange member Barry Willits served in the Navy and received a Quilt of Valor at

Granger Deadline And Guidelines

April 15, 2022, is the deadline for articles for the May-June 2022 edition of The Colorado Granger. You can send them to the State Grange Office, 2009 CR 31, Florissant, CO 80816 or email costate grange@gmail .com.

We would appreciate your following these guidelines when writing an article.

Name of Grange

Contact person (with a phone number) Upcoming dates

Brief summary of what has been happening at your Grange — DO NOT SEND MINUTES

Community Service Projects

In Memoriam (Grangers who have passed away) Thinking of You (Grangers who are

sick and shut in — include address if they would enjoy cards)

Hats Off (Grangers to be recognized) You're Invited (activities open to nonmembers and visiting Grangers)

Visit the Colorado State Grange website at www.coloradogrange.org

The Colorado Granger

March-April 2022 Vol. 97, No. 6 The Colorado Granger USPS: 123-040 • ISSN: 1094-0022 is printed bi-monthly

for 6 issues annually by the COLORADO STATE GRANGE Phone: 719-748-5008 Office of Publications & Editorial Office

7629 County Road 100 Hesperus, CO 81326 Email: costategrange@gmail.com Periodicals Postage Paid at Durango, Colorado and additional mailing offices. A portion of your annual membership dues pays your "Colorado Granger"

nd oninions in articles be taken as official expressions of the Colorado State Grange's policy unless so stated.

subscription for one year.

POSTMASTER: Send address change form 3579 to: THE COLORADO GRANG-ER, 7629 County Road 100, Hesperus, CO

EDITORIAL STAFF

Gary Wardle... 7629 County Road 100, Hesperus, CO 81326

Email - costategrange@gmail.com Phone - 719-748-5008

Cindy Greer.....Managing Editor **BUSINESS STAFF**

Gary WardleGrange Master Cindy GreerSecretary COLORADO STATE GRANGE OFFICERS Master..... Gary Wardle Overseer..... Lecturer..... Vivian Vos Steward..... Roger Ayers Assistant Steward......Christopher Cleary Lady Asst. Steward...... Amy Peterson Chaplain..... Loeda Westphal

Treasurer..... Sheryl Ayers Secretary......Cindy Greer Gatekeeper.....Barry Willits Ceres...... Dorothy Dannels

EXECUTIVE COMMITTEE,

Larry Corman, John Cruz, Tom Campion



Publicity

Elizabeth Hiner, **Publicity Director** 970-403-4592

Email: Tinlizzy56@yahoo.com 2538 Hanamalia Place, Haiku, HI 96708

Brothers and Sisters of the Colorado State Grange, it has been a whirl wind three months with State Convention, followed by the National Convention in Wichita, with all my moving coordination in the mix. Our move to Hawaii went smoothly. I won the bet, with my husband Dean, and got to Hawaii before our shipment of household goods. Dean and I are mostly settled into our new home.

I talked with Gary at the National Convention, and I will continue in the post of the Publicity Director for the next year. To help me with this I will be working with National to keep you updated on what they are doing in Washington. I will also be contacting state leaders to see what is happening in Colorado.

Karen and Buddy Overstreet (TX) were our guests from National Grange. They were very friendly and engaged with the membership. We enjoyed having them as our guests. This year was an election year for our officers. These are the officers we elected for the next two years: Gary Wardle, Master/President; Harry Greer, Overseer/ Vice President; Vivian Voss, Lecturer; Roger Ayers, Steward; Chris Cleary, Assistant Steward; Amy Lou Peterson, Lady Assistant Steward; Loeda Westphal, Chaplain; Sheryl Ayers, Treasurer; Cindy Greer, Secretary; Barry Willits, Gate Keeper; Dorothy Dannels, Ceres; J. Kelly, Pomona; Yvonne Chapman, Flora; and Tom Campion, Executive Committee. Saturday the Junior Grangers opened the session and then served a potato bar luncheon. Well done.

Gary Wardle and his wife Kathy were among the eight first time delegates, which included Bob and Jane Trombi (NH); D. J. Kiessling and Jim Correll (DE); and Paula and Gene Lohrman (IN).

The Convention in Wichita, Kansas, was a week filled with work and

The Delegates tackled some tough issues, approximately 100 resolutions including the topics of agriculture,

education, health, and Grange Law to name a few. Three areas of interest are resolutions concerning the food supply chain issues, healthcare, and telecommunications. They also had the question of whether to sell the National Grange building in DC. It was decided to sell the building due to the rising cost of upkeep and the possibility of losing to eminent domain. Another issue dealt with the placing other religious items on the alter besides the bible, it was postponed indefinably as there was no consensus on what should be or not be done.

It was also an election year for the National Grange, which resulted in six changes as follows: Chris Hamp (WA) Overseer/Vice President; Ann Bercher (MN) Lecturer; Buddy Overstreet (TX) Executive Committee; Kathy Gibson (MA) Lady Assistant Steward; Joe Goodrich (VT) Treasurer; Debbie Campbell (PA) Secretary.

National Grange along with Quilts of Valor (QOV) presented 13 quilts this year including for the first-time non-Grange members, including members of the local Augusta Memorial Post 6746 - Veterans of Foreign Wars, and Augusta Leonard Whitehill American Legion Post 189, who presented the colors.

"What a fitting tribute to be able to hold this on Veterans Day Eve," said National Grange Lecturer Chris

The new Handbook came out with

all of the classes in the Family Acti-

vities division, which can be entered

at the State Session which will be

held in September. We hope to have

same. A new class was added sever-

Most of the classes remain the

March-April 2022, The Colorado Granger, Page 3 Hamp, who oversaw this program.

Communication is in the forefront of National Grange as they continue to work on getting broadband to all Americans no matter where they choose to live. Rural broadband has been on the National Grange Advocacy agenda for the last few years. However, the Grange still supports (for the last 140 years) US Postal Service as the Postal Service Reform Act passed the House and headed for the Senate. The Grange believes that communication is key keeping our membership informed of current events and connected to each other. National puts out the Patrons Chain newsletter weekly to keep the membership informed of upcoming events, advocacy programs, and other information that we as the members might be interested in.

To reach more of our members, we need to let them know that the Patrons Chain is available to then at no cost and by submitting an email address to the secretary of their respective Grange which will be submitted to National. One can also sign up on the National Grange website to receive publications via email.

The National Lecturer, Ann Bercher, has made a few minor changes to the Virtual Photography and the Quilt Block squares contests for National Grange, most notably the sub-

mission date. Submissions are now due on June 30. This is so there is more time for processing and judging. Ann hopes to use the winning photographs in a project that will benefit all our Granges. "The Wonky Star Quilt block is meant to be a quilter-friendly opportunity for beginners and seasoned quilters like. Yes, it supposed to look awkward. But I can assure you, finished quilts made up of the whimsical blocks are beautiful and joyful. Please feel free to contact me if you have any questions about either of these contests." Said Ms. Bercher. Also please take the time to subscribe to "A Quarter's Worth," a quarterly newsletter put out by the National Lecturer containing submissions from state and subordinate lecturers from around the country. Email; lecturer@ nationalgrange.org.

The Quilts of Valor Foundation Partnership is still going strong. Several Granges have found new contacts in their communities through this program. I continue to be so proud of our Granges that honor our veterans in this way. If you need additional quilt labels, please contact Ann Bercher, National Lecturer.

Phillip Vonada is the new National Communications Director, taking over from Amanda Brozana Rios. Phillip will oversee the publicity contest and information will be forthcoming.

Health Awareness

Louetta Phelps, State Director 970-749-1747



Sitting or Standing for Lower Back Pain, Which is better for you?

Today, most think of being bipedal as a part of everyday life. A fine-tuned skeleton, fully adapted to resist gravity and provide multi-directional mobility to all its extending parts. Bones are rigid, but allow for some flex. They regenerate and heal. Theoretically, they should be well suited to endure the resistance of gravity pulling down on the weight of your body. Yet, durability does not exempt from vulnerability.

Just ask your lower back. As your center of gravity, it knows vulnerability. To the 25% of Americans who experience lower back pain, that vulnerability is heard loud and clear through signals of pain. And anyone who has experienced pain, regardless of location, can relate to the negative feelings and distraction associated with such discomfort.

A word of caution: opioids, despite the lack of strong evidence supporting their efficacy, continue to be prescribed for treatment of acute lower back pain. If it hasn't already been brought to your attention, opioid drugs are highly addictive, thus presenting an enormous public health concern.

This isn't an argument to "just deal with it," rather, a reason to explore al-

TUESDAYS

@ 8:30 ET

ON ZOOM

ternatives. Pointing fingers to our sedentary behavior seems like an obvious go to. Though surprisingly, prolonged sitting isn't a clear cause for back pain. Rather, prolonged lack of movement, regardless of whether you're sitting or standing, has a greater association with lower back pain. With that in mind, set a 90minute timer on your watch/phone. This is a reminder to move, to the extent you are capable. For chronic pain, start your physical activity program with a certified trainer.

- When sitting, wiggle a bit, shift in your chair, and consciously relax muscles of the neck and back.
- When standing, shift your distribution of weight, stretch, pull shoulders back, and gently twist.
- Pick up the pace when you walk to make it moderately intense, and more importantly, plan a mid-day
- To reduce pain intensity, take a class on mindful movement such as

Deadline For The May-June 2022 **Issue Of** The Colorado Granger Is April 15, 2022.

Meeting ID: 525 965 930

Passcode: 981892



Family Activities

Idella Lewis and Karen Baxter. State Activities Co-Directors Idella Lewis, 303-274-9390 Email: idellamlewis@gmail.com Karen Baxter, 14857 CR 240, Bayfield, CO 81122



The possibilities are endless! The new directions for the National

thing made from a used pair of jeans.

Quilt Block Contest have been received. The quilt blocks which are sent in are made into quilts. They will not be judged at our State Convention, just sent in to the National Lecturer,

Ann Bercher. Refer to the rules, be-

low, and follow them. The Wonky

Star Quilt Block Pattern is on Page 4.



a good turnout this year.

2022 Quilt Block Contest

PATTERN, SIZE & COLORS

- 12 1/4" unfinished Wonky Star (pattern available, courtesy of Scissortail Quilting Company at https://bit.ly/22wonkystar)
- Background color white or light gray; star color monochromatic (print or solid)

RULES

- A. The National Grange Quilt Block Contest is open to both members and prospective
- B. All contest entries must be received by the National Grange Lecturer by June 30, 2022. Send entries to:

Ann Bercher, National Lecturer 377 Excelsior Blvd. #310 Excelsior, MN 55331

- Any entries received after the deadline will not be judged. However, all entries received will be exhibited at the 156th National Grange convention in Sparks, Nevada.
- D. The guilt block you enter in the contest for judging must be made by you.
- E. There is no limit on the number of quilt blocks a person may submit, but choose one quilt block per person to be judged.
- F. All entries will be retained by the National Grange to be made into finished guilts and will be sold at a later date to raise funds for the Grange Foundation, a 501(c)(3) non-profit entity. You will receive a donation letter from the Grange Foundation acknowledging your donation.
- G. A 2022 Quilt Block Contest Entry Form must be completed for the block to be judged.

GROUPS

- Group I Adult (Age 14+)
- Group II Junior (Age 13 and under)
- Group III Men (Age 14+)

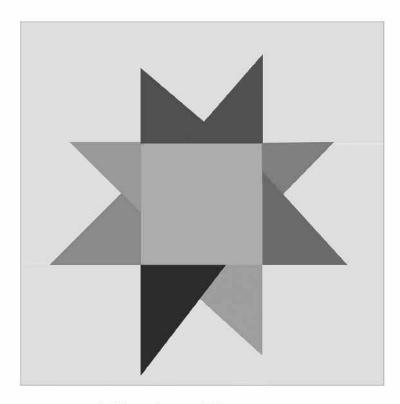
PRIZES

- Monetary prizes will be awarded for 1st, 2nd and 3rd place in both Groups.
- Ribbons will be awarded to all entries.

Membership Matters Use app or go to bit.ly/z-1867 THIRD Or call in at (301) 715-8592



The Wonky Star Quilt Block Pattern



Skill level: Confident Beginner

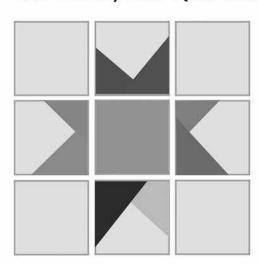
brought to you by

The Scissortail Quilting Company

www.scissortailquilting.com

© 2019 The Scissortall Quiliting Company. All rights reserved. The information in this document is provided with no express or implied warranty. Scissortall Quiliting accepts no liability or responsibility for any errors or omissions in the content or for damages as a result of relying on information contained in this PDF.

The Wonky Star Quilt Block Pattern



This block is a great way to get your feet wet with improv patchwork!

You will need a background fabric and some colored rectangular scraps. The scrap you use for your central square needs to be as large as all the other squares you cut. Your other scraps need to be about 2/3rds the width of your squares and a few inches longer.

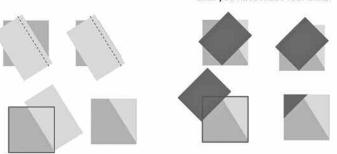
Even when you're "finished" making the block, we call it an "unfinished" block until it is sewn into a quilt.

Cutting Chart:

	Shape	Subcut?	FINISHED SIZE				
			6"	9	12"	15"	18"
Cut 8 (background)		No	2 1/2"	3 1/2"	4 1/2"	5 1/2"	6 1/2"
Cut 1 (Center Square)		No	2 1/2"	3 1/2"	4 1/2"	5 1/2"	6 1/2"

1. Take one of your background squares and place a rectangular scrap over it (right sides together) as shown in the image below. Sew a seam 1/4" from the edge of the scrap. Then, trim the excess seam and press open. Trim again so that the unit is square again.

2. Using the square you just made, take another strip and lay it over the other side of the unit, right sides together, as shown below. Again, sew a seam 1/4" from the edge of the scrap. Trim the seam, press open and then square it up again. Repeat steps 1 and 2 until you have made four units.



NOTE: try to experiment with different angles as you make your "wonky" units so that no two are alike.

Block Construction:

NOTE: For all seams, you should

use a scant 1/4" seam and a 2.0 mm stitch length. Your unfinished

block should measure 1/2" more

your block should measure 6.5")

making. (i.e. For a 6" finished block,

than the finished size you are

3. Arrange the four units you just made and your remaining squares as shown in the exploded diagram at the top of the page. This can now be assembled like a 9-patch: simply sew the blocks in each row together and then sew all the rows together, being careful to nest your seams.

© 2019 The Scissortall Quilting Company, All rights reserved

Chaplain's Corner

Loeda Westphal, State Chaplain 719-632-5965 Email: loeda.w341@centurylink.com



During the worst of the winter storms, I often think of the scripture "For lo, the winter has passed." We are promised the return of spring and all of its colors. After winter celebrations of the holiday season, the hearts and love of Valentine's Day, Presidents' Day, and St. Patrick's Day, we observe the holy time of Lent and

We are reminded of Psalm 118:24 "This is the day which the Lord hath made: we will rejoice and be glad in it." After winter storms and personal storms, including the virus storm, we cherish the beautiful sunrises, the falling rain, and new life. Enjoy life and live to the fullest. Send forth joy in the journey. Count more stars and enjoy the brightness of the moon. Robert Hast-

ings reminds us, "Yesterday belongs to history...tomorrow belongs to God." **COLORADO STATE GRANGE MEMORIALS**

Since the last Grange paper contributions have been made to the Memorial Fund of the Leadership/Scholarship Fund in memory of the Grange members or friends listed below:

Pat Greer Marvel Grange #479. Donations should be made payable to CSG Leadership/Scholarship. Mail to Colorado State Grange, 7629 County Road 100, Hesperus, CO 81326, with the following information: name and Grange affilication of deceased, name of person or group making donation, and name and address of person who should receive the memorial card.



Community Service

Lisa Mittan, **State Director** 4956 W. 66th Ave., Arvada, CO 80003 Email: mittan42@msn.com

Hello Grangers! As you read this, I expect you are likely planning your garden for this season. Maybe you've even got little plants started in seed pots somewhere in your home. I am SO excited about this because of all the food you shared with others last year!

ALL of the Granges in Colorado that submitted a Community Service report for the Colorado Grange State Session last fall reported food sharing in their communities, and most reported collecting and sharing of produce grown in their members' (and neighbors') home gardens. Some of your Granges reported MANY pounds of produce and MANY families helped by your generosity. And that is just the Granges that submitted Community Service Reports!

I'll bet there were many more families who had the benefits of nutritious and delicious fresh produce due to the generosity of you Grangers who didn't submit reports. I think it's a very safe bet because that's just how you Grangers are — aware of the needs in their communities, and good at figuring out what they - YOU can do to help!

On the subject of the Community Service Reports, there will be some changes made to the forms, primarily to put the Community Service section at the front. This is to make the report in line with the requirements for whichever of your Granges is chosen to represent the State of Colorado at the National Grange convention. I think it will also make it easier for you all to use.

I'm planning for those of you who got an email from me last year will have it by the time you're reading this edition of the Granger. If you did NOT get an email from me last year, and you want one, please let me know at mittan42@msn.com.

I will not be sending out printed forms automatically. I am more than happy to send you a set for your Grange if you let me know you want one. Please either email me - or call me - with the name of your Grange, along with the name and mailing address of where to send them. If you call and I do not answer, please leave a message. That is the best way for me to make sure I get your information written down correctly. My phone number is 720-413-4106.

If you want to use the electronic forms and have any questions at all about what to do, please call (or email). I am very happy to help! Remember to have all your Grange members keep track of the hours spent helping out in your communities — whether they're volunteering as part of a Grange event or doing snow shoveling or grocery shopping for a neighbor.

Legislative Activity

Mike Lackey, State Director

303-521-8773 • Email: thelackeyteam@gmail.com

I have finally received my creden- SB22-027 tials as a professional lobbyist repre- Fluid Milk Products senting the Colorado State Grange. With these credentials I can start working at the state House. The calendar of Bills being considered in Congress are as follows:

HB22-1053 **Blockchain Agriculture and Uniform Commercial Code**

Concerning the use of blockchain technology in commerce Last Action: 01/13/2022 assigned to

Business Affairs and Labor

SJR22-003

Designate January 31 4-H Day

Concerning the designation of Colorado 4-H Day

Last Action: 02/27/2022 Signed by the Speaker

HB22-1023

Farm Close-out Exemption Exclude Motor Vehicles

Concerning the exclusion of motor vehicles subject to registration requirements from the farm closeout sale and use tax exemption

Last action: 02/03/2022 Postpone indefinitely

Not Divisible Load

Concerning the determination that a load of fluid milk products hauled by a vehicle is not a divisible load under the vehicle weight limits permitted by law.

Last action: Assigned to Agriculture, Livestock & Water

HB22-1022 **Modify Administration** Of Colorado State Fair

Concerning modifications to the administration of the Colorado State

Last action: 02/08/2022 House second reading laid over to 02/22/2022

HB22-1141 **Nuisance Suits**

Agricultural Operations

Concerning nuisance actions filed against agricultural operations Last Action: 02/04/2022 Assigned to

Judiciary

If there are any questions or comments please email me at thelackey team@gmail.com.

Real Estate Management

Mike Lackey, State Director 303-521-8773 Email: thelackeyteam@gmail.com



Eight things to focus on with your

Grange Hall this winter. 1. Maintain Internal Temperature

(Most Important) Do NOT turn off your thermostat when you vacate the premises. This could lead to frozen pipes. Keep the internal temperature between 64 and

55 degrees. Also see suggestions #2 and #3 for avoiding unexpected temperature drops.

2. Weather Stripping and Caulking

Doors and windows are the easiest places for drafts to enter your property. Replace or add weather stripping around doors, windows, and window panes to keep winter out and prevent your pipes from freezing.

3. Gas Lines

Inspect gas lines for leaks and make sure they are in proper working condition. Doing so can help prevent surprise temperature drops.

4. Water

Turn off the main water valve if the property will be unoccupied for a while. It is also wise to inspect pipes

for any leaks or cracks and install insulation where needed.

5. Filters and Batteries

Replace batteries and filters in smoke and carbon monoxide alarms. 6. Snow and Ice Removal

If your property is near other buildings that will be occupied during the winter months, it is best to take preventative measures to decrease the likelihood of vehicle accidents. Lay salt on sidewalks and in the parking lot before any snow falls, and hire a snow removal company ahead of time to clear snowfall and ice.

7. Periodic Visits

Check your property often for vandalism, break-ins, and unexpected internal temperature drops. You should also take the time to clear debris that may have accumulated.

8. Make Repairs ASAP

Delaying necessary repairs for fairer weather is the best way to worsen your damage and raise your costs down the road. Hire a professional to assess and repair the damage as soon as possible.

P.I.C.K.



Cindy Greer, Secretary/Treasurer 7629 CR 100, Hesperus, CO 81316 970-588-3386 • Fax 970-588-3871 Email: hcrdgreer@frontier.net

Board Member — Louetta Phelps, 10676 HWY 151, Ignacio, CO 81137. louettaphelps@aol.com, (970) 749-1747.

Louetta is a member of Mt. Allison Grange and has been a member for approximately 45 years. She has three children and three grandchildren. She is currently employed by La Plata County and works in the Finance office. Louetta is a returning board member who was one of the key supporters of PICK in its beginnings. She and her husband moved to Florida for a while. Louetta is involved in Toastmasters and church. She has been an independent representative for Take Shape for Life and is currently also working for Juice Plus. She went to college in Utah. Louetta is currently the Health Director for the Colorado State Grange.

All terms are for two years — Board is elected every two years. Next elec-

Mandy Project

Cindy Greer, Coordinator

970-588-3386 • Email: hcrdgreer@frontier.net

May is better Speech and Hearing Month. The purpose of the observance each year is to increase awareness about communication disorders and hearing health. It was founded in 1927 by the American Speech-Language-Hearing Association (ASHA).

Early identification and intervention for hearing loss is important. Many people live with unidentified hearing loss, often failing to realize that they are missing certain sounds and words. Checking one's hearing is the first step toward addressing the issue. Newborn babies are generally given a hearing test before leaving the hospital which helps identify hear ing loss early. Sometimes hearing loss is a result of a disease, injury, or even a side effect of medication.

If you know of any child with a hearing loss please be sure to share information with the family about the Mandy project. We'd love to be able to help them get the services needed. Fortunately the legislature has passed laws that insure that insurance companies recognize hearing loss as something that needs coverage. But there are some exceptions to those rules and sometimes deductibles are just too much for a family and that's where the Mandy Project can help.

According to the World Health Organization's first World Report on Hearing:

- · Noise is now being acknowledged as an important public health issue and a top environmental risk faced by the world today.
- Over 50% of people aged 12-35 years listen to music via personal audio devices at volumes that pose

a risk to their hearing.

- A rule of the thumb for staying safe is to keep the volume below 60%.
- If you frequently use personal audio devices around loud sounds: instead of turning the volume up, consider using noise cancelling earphones or headphones.
- Listening through personal audio devices should not exceed 80 dB (adults) or 75 dB (sensitive users: e.g., children) for 40 hours a week.
- Listeners who regularly use portable audio devices can expose themselves to the same level of sound in 15 minutes of music at 100 dB that an industrial worker would receive in an 8-hour day at

The average person is born with about 16,000 hair cells within their inner ear. These cells allow your brain to detect sounds. By the time you notice hearing loss, many hair cells have already been damaged or destroyed. You can lose 30% to 50% of hair cells before changes in your hearing can be measured by a hearing test. Damaged inner ear cells do not grow

In addition to damaging hair cells, noise can also damage the auditory nerve that carries information about sounds to your brain. Early damage may not show up on your hearing test.

Although there is no treatment to restore normal hearing, you can prevent hearing loss from loud sounds.

Protect your hearing! And if you already have hearing loss or are experiencing pain, discomfort, or ringing in the ears, take steps to keep it from getting worse.

Get your hearing checked.



Agriculture Report

David H. McCord, State Director David • 303-388-1259 Email: dmccord60@earthlink.net

Colorado State University's "Spur" campus at the National Western Center in Denver, opened in January. It brings research and expertise of CSU's three systems with the opening of the new Vida building located where the stock pens used to be. Vida (life in Spanish) will be joined by the Terra and Hydro buildings to the north opening this Spring and Fall respectively. Kay and I visited the Vida building during this year's Stock Show.

"If I had walked into a space like Spur when I was a 4-H kid growing up in rural Illinois, it would have completely transformed my sense of the careers and opportunities available to me. That's the experience we hope to create for every K-12 student in the state of Colorado and beyond, whether it's a child with no idea where carrots, eggs, and hamburger come from or someone who already has a close connection with agriculture as I did." - comments from Tony Frank, Chancellor, CSU System, DVM, Ph.D.

From the CSU Web and Winter edition of State, CSU Magazine:

CSU Spur is a new, free educational year-round public destination in Denver, focused on engaging K-12 students, families, and visitors around food, water, and health. This a nondegree granting campus that showcases the CSU System campuses: CSU, CSU Pueblo, and CSU Global, and is built upon the land-grant mission of access to education and the belief that students can be anything they want to be. CSU Spur brings together scientists to collaborate, put science on display, and showcase career paths. The campus provides immersive learning experiences and cutting-edge research across three buildings: Vida, Terra (open this Spring), and Hydro (opens this Fall).

Spur will not grant college degrees.

It is available for K-12 students for field trips and is open to host visitors from around the world. CSU Spur is an innovative, first-of-its-kind take on the mission of public access on which CSU was founded.

The Spur buildings will offer experiential education and a chance for people to watch professionals at work - in Vida, visitors will be able to watch veterinarians perform surgery on dogs and cats, watch therapists work with horses to offer assisted therapies, and veterinarians help equine athletes through strength-building and therapeutic exercises in the Temple Grandin Equine Center in Vida.

Visitors can engage interactive exhibits, see demonstrations, evaluate X-rays of animals in a mock veterinary clinic, and explore animal anatomy through virtual reality. Daily demonstrations, educational programs, and events can be found year-round at csuspur.org/events.

The new campus brings students closer to seeing themselves in professions connected to food, water, and health — the three focused topic areas that CSU Spur's Terra, Hydro, and Vida buildings offer.

"As Colorado's land-grant institution, CSU is committed to making our world-class teaching, research, and engagement resources accessible to our entire state. That's why I am so excited about the new CSU Spur campus," said Joyce McConnell, president of CSU, the flagship university located in Fort Collins.

The Vida building includes ongoing programs all visible for the public to watch and interact:

- The Temple Grandin Equine Center, 7,500 equine assisted services appointments annually.
- A donor-subsidized Dumb Friends League Veterinary.

- · Equine sports medicine space where horses will be able to walk on underwater treadmills, receive treatments such as acupuncture or vibration therapy.
- Hands-on programs, exhibits, virtual reality, and mock exam clinic. Vida building programming focuses on animal and human health. Top attractions are free. The building includes:
- The kitten: Spur's resident 9-foot kitten will greet you ... approach from the front and you'll hear a purr, and approach from behind and you'll hear a hiss!
- **Dumb Friends League Veterin**ary Hospital, donor-subsidized, offers veterinary services and allows visitors to watch dogs and cats in surgery.
- Mock Exam Clinic: Students become veterinarians as they check out X-rays and bandage up stuffed
- **Temple Grandin Equine Center:** A second location of the Temple Grandin Equine Center, offering 7,500 equine assisted services appointments annually.
- Mural: NYC artist Priscila De Carvalho created a tile mural up the stairwell complete with many of the animals in the Vida building.
- Horse artwork: Outside the arena, a reclaimed wood mural of a horse is the profile of an EKG from the
- Virtual reality: Toss on a VR headset and have a real-life experi-
- Exhibits: Educational exhibits throughout Vida connect visitors to facts, careers, and extra information! (https://csusystem.us11.list - manage.com/track/click?u=78a89 d627bf49af192c5b7547&id=2178 1751a3&e=78d24c7e76)
- Interactive display: Step up to the screen and interact with a digital dog, cat, and horse to learn about their daily life!
- Equine Sports Medicine: Watch equine athletes walk on underwater treadmills and receive treatments such as acupuncture or vibration therapy.

Darden **Jefferson County**

Contact Idella Lewis, idellam lewis@gmail.com, 303-233-3393, for further information.

May 7, Saturday — Darden Pomona meets at Enterprise Grange. Meeting followed by potluck. Kentucky Derby party — wear your hats! Outstanding Community Service Award to be presented.

The quarterly meeting of Darden Pomona Grange was held Feb. 5 at Wheat Ridge Grange. Marlys Halbeisen opened the meeting with everyone reciting the Pledge of Allegiance.

The following committee reports

Membership — Gary Wardle welcomed new member from Wheat Ridge Grange, Henry Koehler. Gary Wardle, State President, gave him the fifth degree in short form.

Agriculture — Idella Lewis gave information on Foundation of Agriculture literacy activities. Volunteers will be on Zoom or in person and read a book to students throughout the state, hoping to reach 10,000 students. The book, The Sweetest Treat, is a true story written about growing peaches and kindness. Following the reading of the book, a sample of peach juice in a pouch will be distributed for students to taste. The Foundation of Agriculture provides many educational materials for Agriculture In The Classroom, such as The Colorado Reader. Donations are always wel-

Community Service — Marlys Halbeisen reported that the recipients of the donations from Darden Pomona at Christmas were The Carin' Clinic which provides medical assistance for the needy, and Hope House which provides a safe place for women with children to stay. Both places are in Arvada.

Family Activities — Idella Lewis

urged everyone to look at the handbook and see what could be made and entered at the state conference in September. Most classes are the same and a new class was added last yearrecycled item. The new national quilt block contest will be available for members to make a quilt block and send in to the National Lecturer, Ann Bercher. Details to follow.

Marlys Halbeisen requested nominations for the Outstanding Community Service Award which will be presented at the May Darden Pomona meeting at Enterprise Grange. It was suggested to have a nominee from the Pleasant Park Grange community in Conifer. Yvonne Ludwig had some ideas of community volunteers to nominate from that area.

A very interesting program was given by Gary Wardle on his hobby of beekeeping. He told of the importance of bees pollinating many crops and showed the honeycomb made by

Idella Lewis gave some unknown facts about bees and had wildflower seeds for anyone to take to plant and encourage bees to have more pollen and nectar available from the flowers.

A potluck dinner was enjoyed by all, including cornbread with delicious honey from Gary's bees!

Idella Lewis

Enterprise

Contact Carol Lackey, carollac keyhomes@gmail.com, 303-521-4477, for further information.

March 10, 2021, Wednesday -St. Patrick's Day Irish Potluck at 6:30 p.m. Potluck will be Irish themed. Everyone will be bringing something green or something Irish! Irish music will be provided. Determining our plans for a Community Service Award program and our Community Garden follows potluck.

April 14, 2021, Wednesday — Easter themed Potluck will begin at 6:30 p.m. This is also our usual Community Service night and any plans will be discussed at our March meeting. More details to follow.

May 12, 2021, Wednesday — Cinco de Mayo themed Potluck. Mexican dishes, sides, salad, and desserts will be on the menu. Bring out your favorite dishes. A business meeting will follow potluck where we will discuss the possibility of a summer picnic and other off campus activities. We will also vote on 2022-2023 officers and choose delegates for the 2022 State Grange Convention.

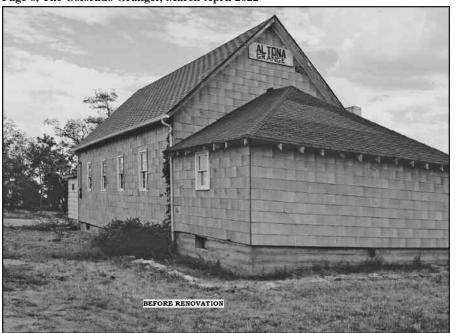
In February, our Valentine's Party and Potluck started at 6:30 p.m. Everyone brought Valentine cards and candy for each other. A good time was had by all.

On Saturday, February 26, Grange members will be joining each other for lunch at the Edgewater Inn for a pizza lunch at noon. After lunch we will be going to the "The Inventing Room Dessert Shop" where we have reservations at 2 p.m. The Sugar Science program will be creating magical and seemingly impossible treats right in front of us. The desserts are inspired by the whimsy in the 1971 Willy Wonka & the Chocolate Factory movie, where Violet turns violet. Should be informative but also a great way to end a Grange luncheon.

The Grange, in cooperation with House2Home Real Estate, will be holding its annual Easter Egg Hunt. The "tentative" date will be the morning of April 16. There will be breakfast treats, professional photos with the Easter Bunny and, of course, the "Hunt" where kids of all ages will be able to find Easter Eggs. It looks like we will be filling between 1,500 and 2,000 eggs so bring your friends and family and enjoy the morning with us. More details will follow once the location and timing are firmed up. Save the date!

Carol Lackey

(Darden • Continued on Page 6)



ALTONA GRANGE **OUR GRANGE TODAY** Altona — OUR GRANGE TODAY.

Altona — BEFORE RENOVATION.

Boulder County Boulder County

Altona

Contact James Hogan, 303-817-1690 or jlphmd@gmail.com, for further information.

March 2—Board Meeting open to all members at 6:30 p.m. at the hall. March 15 — Spring General Membership Social at 6 p.m., potluck with main course provided.

Altona Grangers have remained very busy and engaged during CO- VID and have accomplished much during the last year. With the help of a generous grant from Boulder County's "Historic Landmark Rehabilitation Program" the building's old asphalt siding has been removed, the original clapboard siding prepped and painted a harvest yellow, and new gutters installed. Additionally, seven of the old, smaller, very deteriorated 1940s windows were removed and replaced with larger, energy efficient windows of the original 1895 size.

Much of this work has been accom-

plished thanks to the support and as-

sistance of Carl Scott Construction,

whose owners are Grange members.

We have resumed hosting community events and meetings (4H, volunteer fire departments, local ditch companies, agricultural group gatherings, etc). We have also had several event rentals for memorials, anniversaries, graduations, baptisms, craft fairs, etc.

The membership of Altona Grange has increased in the past few months and we hope that renewed enthusiasm and volunteer work will enable us to enhance the landscaping, paint the interior, improve the lighting, and host additional community events in 2022.

James Hogan

Progressive Arapahoe, Denver, Douglas & Elbert Counties

Contact Judy Harrison, gsjjhar rison@comcast.net, 303-598-4330, for further information.

Progressive Pomona was hosted by Sunflower Grange at BMAN'S BBQ in Sedalia, on March 5, 2022. After lunch we held our usual business meeting. Our next meeting will be at Castlewood Grange Hall, June 4, 2022. We will be having a potluck lunch. Please bring your resolutions to this meeting. Judy Harrison

Cost is \$10 for ages six and up. You do not need to be a FRLA member to attend. The FRLA will also hold its annual meeting at 2:30 p.m. this same day and it is also open to the public.

The FRLA was originally the Gilpin-Jefferson Livestock Association started in 1921. There will be a display covering the Association's 100 year

history.

The Golden Gate Grange will hold a Sunday Brunch to welcome new members, thank continuing members, and recruit new members on March 13 from 10 a.m. to 1 p.m. This will be a FREE event. Pancakes and brunch dishes will be served. We are looking forward to seeing everyone!

Eggmania is a fun event for all ages. Bring your hardboiled eggs and we will supply the dyes and other decorating material for your Easter Eggs! Why do this messy project at home! There will be an Easter Egg hunt for children. The event is free, but donations are always appreciat-

Our regular Pancake Breakfasts will be held on April 10 and May 8. On Mother's Day all Moms will eat for free! All you can eat pancakes, eggs, sausage, juice, and coffee.

A Fine Arts Event is being planned for early Spring. If you are interested in participating with your fine art, contact Helene Arendt at CSBmetal smith@yahoo.com. More information will be available in the coming month.

If you would like to help with a community event, consider joining us in May for the Golden Gate Canyon Road Clean Up Project. We will be sending out more information closer to the date.

Our Annual Rummage Sale will be held on August 12 and 13. Start cleaning out those closets! Donations can be dropped off starting Sunday, August 7, between 11 a.m. and 3 p.m.

Yoga is held on Wednesdays from 3-4 p.m. It will be held at the Grange unless there is inclement weather when it will be held by Zoom. Please send your email address to jayruesch @aol.com if you would like to be on the yoga email list.

Line Dancing Class, a private event which all are invited to join, is held on the 2nd and 4th Friday of each month from 7-9 p.m.

Website: www.GoldenGateGrange .com/Facebook: Golden Gate Canyon Community/Grange phone: 303-273-

Jayne Ruesch jayruesch@aol.com

Darden Jefferson County

(Continued from Page 5)

Maple Grove

Contact Idella Lewis, idellam lewis@gmail.com, 303-233-3393, for further information.

Wed., April 6 at 1 p.m. Meeting at the Grange Hall.

Finally we had some winter weather with several snowstorms in January and February. We had to cancel the February meeting due to a snowstorm with an Arctic front moving in and BRRR, it sure was cold!

The meetings are now being held on the first Wednesday of the month at 1 p.m. and without a potluck for now.

The fronts of used greeting cards are now being collected by Mary Ann Forman and taken to a church in Colorado Springs to be made into new cards. Any type of card will do - just the fronts of cards without any personal writing on them.

J Kelly told of a project that the Telephone Pioneers group she belongs to is undertaking. They are collecting coupons cut out of the ads in the newspapers. Another project is collecting stamps with large margins around the edges for veterans to use in therapy. Tweezers are used to pick up and sort the stamps. They do not need flag stamps as there is an abundance of them.

The basement was flooded due to a malfunction of the water pressure control device above the water heater that the city required us to install last year. .Fortunately Marlys Halbeisen, along with her grandson, Uriah, Bill Lane, and members of the Rollin' Wheels Square dance group came to vacuum up the water and carry it outside. What a mess! We were fortunate that the water heater did not have to be replaced!

We welcome the springtime of the year with new life and warmer temperatures!

Idella Lewis

Wheat Ridge

Contact Vivian Vos, vlvos@ya hoo.com, 720-217-1340, for further information.

March 10, Thursday — 6:30 p.m. Grange Business Meeting.

March 12, Saturday — 10 a.m.-3 p.m. Second Saturday Sale at the **Grange** — vendors.

March 13, Sunday — 2 a.m. Daylight Saving Time change. March 17, Thursday — St. Patrick's Day.

March 19, Saturday — WR Grange will have a booth at the Gaelic sports demonstration put on by the local city events team along with the local restaurants holding St. Patrick's Day events.

WR Grange #155 started the month right and is pleased to announce that all WR Grange members paid their yearly 2022 membership dues in a timely manner and we are so grateful for that immediate response.

January 8, the WR Grange hosted the Second Saturday Sale and we had a most fun time.

January 27, a chili cook-off with 10 entries were presented to the Wheat Ridge public. This was a fundraiser for Feed the Future. This event raised \$200 and the WR Grange decided to match+ and will present \$700 to FTF at a community night in April.

February 5, Darden Pomona meeting with potluck was held at the WR Grange. Good food. Gary Wardle, State president and a member of WR Grange, gave an informative talk on his personal experience with beekeeping. WR Grange member Henry Koehler was instructed by Gary in

February 10, was WR Grange business meeting with planning for the next several months. The Grange had its five ceiling furnaces tuned and cleaned. Much better.

February 12, was the Second Saturday Sale, vendor event hosted by the WR Grange. There were 13 adult vendors, the most in the two years the SSS has been in operation. Youth were invited to sell their handmade goodies and there were five that came to the SSS.

In April the WR Grange will participate in a local shredding event. WR Grange members will, for the third year, plant a garden of pumpkins to share with schools

Vivian Vos

Pleasant Park

Contact Yvonne Ludwig, Master, 303-838-4805, for information. March 12 — Regular meeting 10

a.m. followed with potluck. April 9 — Regular meeting 10

a.m. followed with potluck. May 14 — Regular meeting 10 a.m. followed with potluck.

- Everything is quiet up here in Conifer. Both the January and February meetings were canceled because of snow and bad roads.
- No special events are planned as of now.
 - We have four new members! Wel-

come to Albert Tracy, Benny Galloway, Nedra Woodyatt, and Greg Morris. They will be initiated at the next meeting they attend.

Special prayers to Don Morris who has been very ill but hopefully is on the road to recovery.

Yvonne Ludwig

Golden Gate

Contact Terri Costeldia, President, 303-277-0351, terricosteldi@ hotmail.com, for further informa-

March 3 — Grange Meeting from 3:30-4:30 p.m.

March 13 — Welcome to the Grange Brunch from 10 a.m. to 1

April 2 — Front Range Livestock Association Chili Dinner from 4:30-7 p.m.; Preceded by their Annual Meeting at 2:30 p.m. Public Invited to both events.

April 7 — **Grange Meeting from** 3:30-4:30 p.m.

April 10 — Pancake Breakfast from 8-10:30 a.m. April 16 — Eggmania from 1-3

May 5 — Grange Meeting from 3:30-4:30 p.m.

May 8 — Mother's Day Pancake Breakfast from 8-10:30 a.m. -Moms Eat Free!

June 2 — Grange Meeting from 3:30-4:30 p.m.

Yoga — Wednesdays, from 3-4 p.m. (May be virtual — check online calendar).

Line Dancing Class — 2nd and 4th Friday of each month from 7-9 — Every Tuesday, 7 p.m.

August 12 and 13 — Rummage Sale, 12th from 8 a.m. to 4 p.m.; 13th 8 a.m. to 3 p.m. GGC Road Clean Up — Date in

May to be determined.

Fine Arts Show — Date to be determined.

In spite of a snowy February, the Line Dancing group held their twice a month Line Dancing Classes and hosted a Valentine's Dance which was open to the community. Everyone is invited to attend the regularly scheduled classes. The cost is \$5 per class for Grangers and \$7 per class for non-Grangers.

The Golden Gate Grange made a donation to the relief effort for those impacted by the Marshall Fire just north of us in Boulder County.

A community Chili Dinner put on by the Front Range Livestock Association (FRLA) is planned for Saturday, April 2, from 4:30 p.m. to 7 p.m.

Sunflower Grange

Contact Cherry Ellis, sunflower grange162@yahoo.com for further information.

Seductive seed catalogs started arriving before Christmas, tempting us with perfect-looking plants and signaling the start of the 2022 growing season and phase #1 of our Plant Project. Some of us save seeds from our gardens and share them at January-February Seed Swaps. Tomato seeds predominate, but we also have wildflower, herb, and other vegetable seeds to share.

This year Sheri Folsom, 2021 winner of Bud's Bar's Pumpkin Contest with her 214.5 pounder, passed around some of her giant pumpkin seeds to see if anyone wanted to try to beat her record. Sheri then described in detail how to go about growing giants. She joined a group specializing in giant vegetables, she found some excellent books and a pumpkin mentor. Only special seeds for giant pumpkins will produce giant pumpkins, she said; they require a big garden space so the vines can spread out, and extra blossoms need to be pruned. Pumpkins need shade (she uses umbrellas from the Dollar Store) or they might explode. Then water, water, water. Don't count on eating giant pumpkins—they're not grown for taste. Hers was a very ambitious project that took years of learning and preparation, but now Sheri's our expert.

If anyone reading this article is interested in growing some plants for summer gardening, please contact me and I'll connect you with our seed savers. Our own Growers' Group of 15 to 20 volunteers will grow about 1,200 plants for our 10th Annual Heirloom Tomato and Plant Sale on May 28. It's our main fundraiser for the year, so we all work hard.

This year Christine Hooks and Linda Straw will organize the Growers and the sale, Nena Robbins will provide supplies for growing plants, Ghislaine Griswold, Master Gardener, will answer questions, Meghan Watts and the 4-H will have their own plant sale with ours. What a busy day! Visit us if you can to buy some pampered

To build some skills, Judy Smith and Cherie Stephens are starting a sewing/quilting group that will meet regularly. This year's Wonky Star Quilt Block will be used to make our first lap quilt. Baby steps. We'll share pictures and our progress.

Since last year's Remarkable Ladies of Sedalia book club was well received, we're continuing local history reading and discussion with Sedalia People, Places and Memories, one of the oldest publications of Sedalia Museum, and the only one with pictures of our original Sunflower Grange Hall built in 1915. When it washed away in the Flood of 1965, members found an army barracks and built a second hall, which is now a private residence. Generations of familiar family names show up in the book and on the Grange rosters — Curtis, Hier, Manhart, Wolfensberger, Beeman, and others. Sunflower Grange had a "long and lively history marked with an extraordinary amount of fun and fellow-



Original Sunflower Grange 1915 to 1965.



New Sunflower Grange member Dennis Ellis and Margaret.

ship." [Colorado State Grange History, p. 141] Those who've lived in Sedalia for generations remember dancing at the Grange Hall, or, like Bruce Hier, playing in a band with many local musicians.

We'll also read Echoes of Forgotten Places published by the Mountain Artisans, or the DOTTS organization (Deckers, Ox Yoke, Trumbull.....), stories of starting businesses and homesteads along the Platte River. Their books on Fire in the Mountains and Water Development will be the basis of some community meetings/ oral histories in conjunction with Archivist Alyssa Carver of Douglas County Libraries. Pre-Grange reorganization a few years ago, community meetings were held to collect firsthand accounts on the Flood of 1965 and One-Room Schools, and they were also recorded by Douglas County Library; listen to them at https://ar chives.dcl.org/digital/collection/doh/i d/166/rec/93 and https://archives.dcl .org/digital/collection/doh/id/172/rec/

We welcomed new member Dennis Ellis, son of Margaret and Bill, at our February meeting. We are so happy to have him join us! Dennis donated thousands of candy canes to local businesses at Christmas time. He's techsavvy and made Big Foot Night a great success by showing a video outside, and he has plans for other outdoor movies when the weather will allow. He is already an enthusiastic supporter of the Grange, and we are very fortunate to have him as a mem-

Progressive Pomona will meet at BMan's BBQ on March 5. We hope that many of our members will join Progressive and get to know folks from other Granges. Weather permitting, Margaret plans to take everyone on a short tour of Sedalia Museum, and we'll likely force some seeds on our visitors to grow in their own gar-

At our March meeting, Community Awards will be announced. For the past two years our nominees have won State Awards for FF/EMT and Teacher of the Year; we hope to continue that trend. We will continue to include some lessons about the Grange at each meeting and encourage everyone to keep up with State and National Grange opportunities

Cherry Ellis



Sheri Folsom with her award-winning pumpkin, and trophy.

La Plata Archuleta and La Plata Counties, CO and San Juan County, NM

Florida

Contact Melissa Lively, 970-317-1617, floridagrange306@yahoo .com, for more information.

In the month of December, the Grange partnered with the Mountaineers 4-H club to have a community "Thanksmas Dinner" and "Winter Clothing Drive." The 4-Hers decorated the hall and provided roasted Turkeys. Grangers provided ham and side dishes. The food was delicious, and we had a great time visiting with the 4-H youth. We collected a big basket of winter hats, socks, gloves, scarves, etc... which were donated to the Community Shelter for the homeless.

Every Friday in January and February, the Grange is hosting a free COVID Vaccination Clinic put on by San Juan Basin Public Health. The clinics will continue as long as the need remains

Our members met February 3, 2022, to plan our upcoming events for the Spring and Summer of 2022.

- March 12 at 1 p.m. "Get Yourself Organized" program presented by Grange member Tracie Kee. Too much clutter? Join Tracie to learn clever organizing hacks.
- April 23 from 9 to 10:30 a.m. "Free Community Pancake Breakfast." We will hold a breakfast on the 4th Saturday of each month. Gluten free options are available
- May 14 Visitation Day at Florida Grange. Time to be determined.
- May 21 from 8 a.m. to ? Grange Yard Sale. Members and community alike are invited to set up a yard sale spot at the Grange Hall Parking Lot. This will be a fundraising event with community members paying a \$10 fee to parti-
- June and July-beading and Crochet workshops. Dates and times to be determined.

Melissa Lively

Marvel

Contact Cindy Greer, 970-588-3386 or hcrdgreer@frontier.net, for further information.

Clogging on Wednesdays 12:30

Line Dancing on Mondays 9-10 a.m. Everyone welcome. Donations appreciated!

Second Monday — Pioneer 4-H Club meets at the Grange Hall. March 19 — Visitation — Irish

potluck and Games 6:30 p.m. April 1 — Business Meeting –

7:30 p.m. Program: Kathy Hogan. May 3 — Basin CO-OP Banquet - Marvel Grange will be catering the banquet.

May 6 — Business Meeting 7:30 p.m. Program needed.

Our chili-cookoff/soup cook-off in January had 20 in attendance. Sandy Valencia took first place in both the Chili and soup categories. We had a dessert auction with eight individuals providing numerous items to be auctioned off. We received \$787 from the auction and additional donations to help individuals and families with their electric bills.

The community breakfast on January 29 had 65 in attendance. People enjoyed the gathering with many visiting the entire morning. The Hall was rented that same afternoon for a 90th birthday celebration for Marshall

We voted to purchase polycarbonate to replace two broken windows in the hall and the supplies needed to

We had a Valentines/Palentine's fundraiser dinner on February 14. Couples and Pals were offered the opportunity to dine at the Grange Hall on Valentine's Day. We served participants(42) a choice of Pork loin or Chicken Cordon Bleu, salad, choice of herb roasted potatoes or rice pilaf, choice of green beans or broccoli, homemade rolls, and strawberry shortcake. Beverages offered were coffee, ice tea, pink lemonade, or



Florida Grange donated the winter clothing items collected to the Community Shelter for the homeless.

sparkling cider. Reservations were required.

We set up card tables to accommodate couples and we offered seating for Pals of up to 8 at our larger round tables. We suggested that \$20 per person be donated for the meal. Members volunteered to waitress, host, collect \$, wash dishes, prep food and plates. We used real china plates and glasses along with nice serving pitchers.

We offered three seatings for dinner: 5:45 to 6:30 p.m., 6:30 to 7:15 p.m., and 7:15 to 8 p.m. Our seating was limited by the number of card tables we could set up in the hall. People were delighted and enjoyed the meal, the setting, the dishes and the service. Some asked if we were planning on doing this again next year.

We are thrilled that the Basin CO-OP is planning to hold their annual banquet this year and that we have been asked to cater it. This has been one of our main fundraisers in the past. COVID certainly eliminated that

for a while and we found other ways to raise funds.

In January we voted to support Ag in the classroom by sponsoring readers to a school and we donated to the Leadership/scholarship fund in memory of Pat Greer.

Cindy Greer

Marvel JG

Contact Cindy Greer, 970-588-3386, for further information.

March 28 — Meeting 1 p.m. April 25 — Meeting 1 p.m.

We met in January and worked on the National craft — String Art, and decided to purchase small heart shaped boxes of candy for the Grange's Valentines/Palentine's dinner participants. We met in February. We have been meeting at 1 p.m. on Mondays in which there is no school. Sometimes it works out, but other times not so well. May will be a challenge because the only day school is out is the 30th and that's Memorial Day.

Cindy Greer



Moana and Marlon Greer at Marvel Valentine's Dinner.

Colorado State Grange Website

Larry Corman takes care of the web page for the State Grange. He is requesting that Officers and Directors contact him with updates for their departments. He would like to link the web page of each Grange to the State Grange site. Please contact him to have this done so Grange members and others can easily access your page for information.

Larry Corman: larry_corman@hot mail.com or 970-884-4762.

Pikes Peak El Paso and Teller Counties

Fountain Valley IN MEMORIAM

James Madison Chancellor November 13, 1934-December 28, 2021

James "Jim" Madison Chancellor, 87, passed away on December 28, 2021. He was born on November 13, 1934, to parents John and Cecil Chancellor in Springfield, Missouri. Shortly after his birth the family moved to Fountain, Colorado, where he grew up. He was a lifelong rancher who touched the hearts of many while he was with us

Jim is preceded in death by his parents, John and Cecil; and his stepsons, Carl and Jay. He is survived by his children: Debra (James) Morrow of Boise, Idaho; Tim (Minnie) Chancellor of Broken Bow, Nebraska; and Mandy (Barb Huber) Chancellor of Pueblo, Colorado; his wife, Loretta Chancellor; stepchildren: Susie (Dean) Hrdlichk of Cañon City, Colorado; Joel Simco of Colorado Springs, Colorado; and Jill (Theron) Bennett of Falcon, Colorado; five grandchildren; six step grandchildren; two greatgrandchildren; 11 step great-grandchildren; and his first wife, Paula.

In lieu of flowers, the family requests donations in Jim's memory be made to Grace Lutheran Church, 1128 East Boulder Street, Colorado Springs, CO 80903. Memorial Service, was held Saturday, February 12, 2022, Grace Lutheran Church. He was a member of Fountain Valley Grange #253 and Pikes Peak Pomona Grange #11.

Florissant

Contact Renee Caldwell, 719-748-5004, florissantgrange@gmail.com, for further information.

Be Sure To Join Us For These Upcoming Events:

March 8, 1-3 p.m. Pine Needle



One of the winners of the Florissant Halloween Costume contest.

Basket Class at Cripple Creek Rec Center.

March 12, 9 a.m.-12 p.m. Pine Needle Basket Class.

April 9, 1-2:30 p.m. Annual Easter Party.

April 23, 9 a.m.-12 p.m. Pine Needle Basket Class.

Since I missed the deadline for the last *Granger*, and I don't think any of us received the Nov.-Dec. *Granger* because of the P.O. losing all the *Grangers*, I am going to cover a bit more than Jan. and Feb. in this article.

Hope you all had a safe and happy holiday season. Welcome to 2022.

Our annual kids Halloween Party was another successful event. We were visited by Texas relatives who transformed the Grange into a fun, spooky haunted house. Outside we had our usual Halloween maze, put together by several of our wonderful Grangers, with special help from Granger Randy Westfall. We handed out special Halloween bags for each child and had a fun potato hunt in the yard. We had over 50 kiddos come enjoy the fun.

We held our annual Free Thanks-giving Dinner with the band making music for those who choose to come in and enjoy the festivities, or they could drive up and request a dinner to take home. We had a great night with about 150 people enjoying the free dinner.

Our annual Christmas Party was enjoyed by many neighborhood children. They visited Santa, received special gift and goodie bags from Santa, and enjoyed cookies and punch. Our Santa this year was Randy Snare and we appreciate his stepping in for our regular Santa who could not be there this year.

This Christmas we collected new gifts to donate to our Fire Department/Sheriff's Department to have on hand for their visits to many local stores and other locations to give to Children in our Community.

We also collected nonperishable foods to donate to the local food bank to help those families in need during the Christmas Season.

During January, we took a break from all the activities during the holidays. We held our weekly Friday morning Breakfast and our monthly Pine Needle Basket Class.

Last March, when we joined Harvest Host, a member-only camping organization, we also opened a Gift Shop that is a "by donation" gift shop. We have been able to keep it open quite a bit during the winter months and it has proved to be a great success. We are anxious for the camping season to begin again and have already started to take reservations.

We had our monthly Craft Classes in February and our Grange Business meeting.

March brings three Craft Classes by popular demand and April brings our Annual Easter Party with the Easter Bunny and our annual Easter Egg Hunt

That wraps it up for now. Renee Caldwell



Thanksgiving dinner help at Florissant Grange.

Visit the Colorado State Grange website www.coloradogrange.org



Quilts of Valor awarded at the weekly Thursday Potluck and Music. Quilts made by the Florissant Grange Quilt of Valor Guild.



VFW donation to the Florissant Grange.

Drug Deactivation:
A Solution to an Epidemic



The Office of National Drug Control Policy (ONDCP) now recognizes in-home drug deactivation systems as a safe and environmentally responsible way to dispose of unwanted pharmaceuticals.



480 million pain-related prescriptions were written in 2014



Every day, 2,500 American kids abuse a prescription drug for the first time



3 of 4 people

reported that their first opioid was a prescription drug

46 people

each day die from an overdose of prescription painkillers in the U.S.



Benefits of the Deterra® System

- Proprietary activated carbon technology renders drugs non-retrievable
- Reduces medical emergencies due to misuse or accidental usage
- Renders pharmaceutical compounds safe for landfills
- Environmentally friendly materials
- Safe, effective, affordable

© Verde Technologies. All rights reserved.